

Sunday Series

Autumn 2022

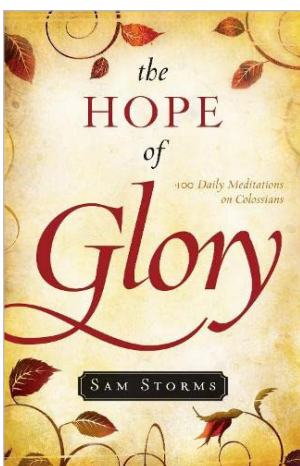
## What is the series about?

As life rolls by we all put things at the centre of our lives. For some of us it's family, friends or our career. For others it's our house or our well-being. In this series we will discover that true life is only found if Jesus takes centre stage in our lives. Join us on a Sunday at one of our three locations to follow along.

## Recommended Reading

**The Hope of Glory**

Sam Storms



## Listen to the audio

On the King's Norwich website at:

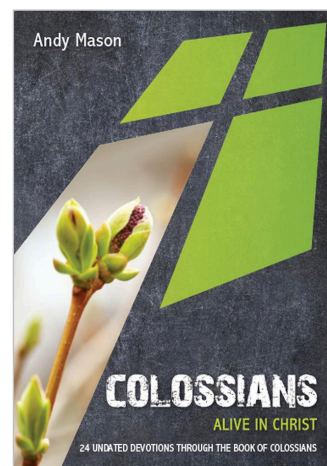
[kingsnorwich.com/on-demand](https://kingsnorwich.com/on-demand)

## LIFE Group OneStop

Find all the latest resources to run your LIFE Group: [www.kingsnorwich.com/colossians](https://www.kingsnorwich.com/colossians)

**Colossians, Alive in Christ**

Andy Mason



**LIFE Groups: Learning, Integration, Friendship, Everyone a witness**



## Title: Double Lives

Speaker: Dan Wroe (City Centre) Bible Ref: Colossians 3: 5-11

### Overview

The Colossians had new life in Christ but were still holding onto their 'old' lives, 'the [lives they] once lived'. In this passage Paul makes it clear that they cannot live a 'double life', continuing to do what they once did whilst also following Christ. Christians are just as liable fall into living a 'double life' today as they were when Paul was writing, so his words on how to deal with the old life have great relevance. Paul is clear; Christians must take drastic action 'putting to death' the old life in order that they might fully enjoy the new.

### Double lives

1. **Understand:** What are the some of the characteristics of the 'old life'/'the life you once lived'? (v. 5, 8, 9)
2. **Understand:** According to the passage, why is living in the old life a problem? (v. 6)
3. **Understand:** What actions does Paul say the Colossians must take to deal with the 'old life'? (v. 5 'put to death', v. 9 'do not lie to each other', v. 10 'you have put on the new self, which is being renewed in knowledge'). What isn't important here? (v. 11, *Here there is no Gentile or Jew...*)
4. **Apply:** Ask the group if they have any examples (if appropriate to share) of ways in which they have struggled with one or more of the aspects of the 'old life' described in the passage.
5. **Apply:** What impacts did it have on their life?
6. **Apply:** What actions have they taken to 'put to death' the old life?